

Peppa Pig Mud Sensory Tray



Stimulate the senses with a mud-themed sensory tray! Sensory trays are typically made up of a plastic container or tray filled with materials, objects or food that encourage play and exploration.

This sensory tray is all about mud, mud, mud!

You will need:

A plastic container (e.g. a lunchbox, washing-up bowl or tray)

250g cornflour

450ml water

5tbsp cocoa powder
(or until you get your desired mud colour)

Optional extras:

Gummy worms or
boiled spaghetti strands

Chocolate syrup

Sticks, rocks, leaves or
other natural materials

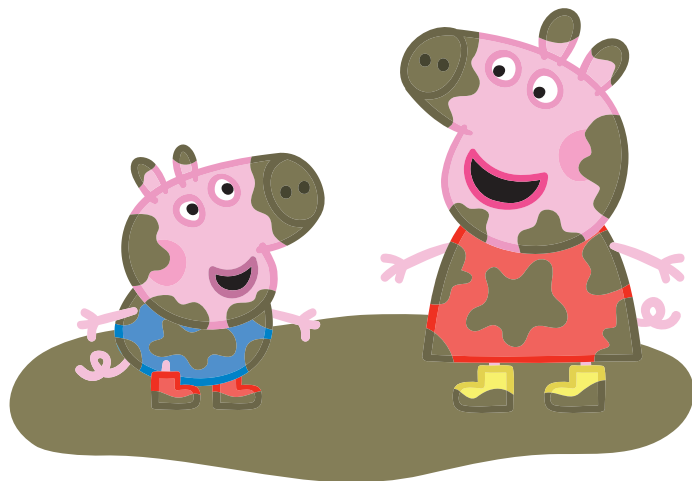
Plastic toys

Spoons

Cups

Instructions

1. Gradually add the water to the cornflour in the plastic container and mix together until a gooey sticky consistency is reached.
2. Add the cocoa powder, one tablespoon at a time, until your desired colour is achieved.
3. Add any extra items you'd like and get ready for some 'muddy' fun!
4. You'll notice that the mixture is gooey when you touch it lightly and stiff when you hit it hard. This can make for a fun sensory experience!



Join in with Muddy Puddles Week at

[savethechildren.org.uk/muddy-puddles-week](https://www.savethechildren.org.uk/muddy-puddles-week)

We hope the information on our website and resource is useful. However, some ingredients and/or materials used might cause allergic reactions, so if you have any concerns about your own or somebody else's health or wellbeing, always speak to a qualified health professional. Remember, activities listed within the resource should always be supervised by an appropriate adult.



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