



# Dinosaur Food Bucket

## Edible Sensory Recipe

### You will need:

Lettuce

Carrot

Cucumber

### Non-edible items:

Buckets

Toy plastic dinosaurs

### Method

1. Using a vegetable peeler, cut the carrot and cucumber into strips.
2. Next, separate the leaves of the lettuce. Place all the leaves and vegetable strips into the buckets.
3. Place the buckets and dinosaur toys in the tray.
4. Allow the children to explore the tray, removing the vegetables from the buckets and putting them back in.

\*Please note that although this recipe is safe for children to taste and explore with their mouths, it is not intended for them to eat in large quantities.

\*This recipe is intended to be used as soon as it has been made and not to be stored for future use. **Supervise children at all times to ensure that small non-edible items do not become a choking hazard.**

