

A decorative border of white daisies with yellow centers surrounds the text. The daisies are arranged in a grid-like pattern, with seven daisies in each of the top and bottom rows, and six daisies in each of the left and right columns.

Literacy

Here are a list of things you could be getting your child to practice daily:

- Reading
 - Phonics sounds
 - Reading book
 - Read to your child
- Writing
 - Handwriting practise
 - Writing a sentence
 - Using simple punctuation

Fine motor and gross motor activities

- Practice writing in flour
- Make playdough – dough disco
<https://www.youtube.com/watch?v=i-lfzeG1aC4>
(there are lots of playdough recipes online)
- Writing in the air using big arm movements (get your child to say the sounds and words and write them in the air) they can do this to music to make in more fun.

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Maths

- All about the numbers 1-10 including the number bond of these numbers
- Adding using resources we can count with
- The same as - finding total amounts of objects that are the same e.g. 2 cars = 2 or 3 cars = 3 cars
- Counting on from a given number e.g. 3, 4, 5, 6, 7, 8, 9, 10.
- Counting back from a given number e.g. 6, 5, 4, 3, 2, 1, 0
- Take away using resources we can count with

You can practice all these areas of maths at home. I wonder how many different house hold objects you can use in your maths work?

Here are some you might use:

- Pasta
- Cars
- Dolls
- Bath toys
- Lego
- Trains
- Pretend food
- Tins from the kitchen
- Counting the steps on the staircase



Personal Social and emotional development

Children enjoy carrying out small tasks this is good for their self-esteem, resilience and confidence.

House hold activities:

- Chopping vegetables
- Stirring the cooking
- Stirring baking
- Grating cheese, carrots etc
- Helping dress baby brothers and sisters
- Giving baby brothers and sisters their bottle
- Folding clothes up

Let your child pick which activity from the booklet they would like to do. It is good for children to make some of their own decisions.

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Communication and Language

Talk is one of the most important parts of your child's development!

Encourage your child to ask questions this encourages a curious mind.

Ask your child open ended questions; why do you think that? How do you know that? Can you explain how you did it? How do you do that?

Go outside into your garden or on your front door step and talk about what you can see. What is different from yesterday? Discuss the weather, the cars, the birds etc

Play a game of eye spy with your child:

Eyes spy with my little eye something that is blue

Eye spy with my little eye something beginning with ch

Shar a story with your child! Talk with them about the pages.

Play a positional language game:

Simon says... under the table, on the chair, next to the sofa, behind the table, in front of the tv...

Your child needs to stand where Simon says. This will help their positional language understanding.

Physical development

Get moving at home:

Remember to warm up!

Why do we need to warm up?

Can you teach your family the traffic light game.

Do some cosmic kids Yoga in the living room.

<https://www.youtube.com/user/CosmicKidsYoga>

I wonder how many different ways you can move across your living room floor or garden?

Which animals can you move like? Which vehicles can you move like?

<https://www.youtube.com/watch?v=DYPTJj6hd44>

How long can you balance on 1 leg? Practice hopping, skipping and jumping.



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Physical development

Health and Selfcare:

Speak to your child about being healthy

Food sorting activity:

Sort the foods in the cupboards into healthy and unhealthy food.
Discuss what is good and bad about the foods.

Germ Activity:

All you need is; A plate, water, pepper and washing up liquid.

Follow the link:

<https://www.youtube.com/watch?v=ho0o7H6dXSU>

Make sure you have a good routine at home, so your child can take some responsibilities of house hold routines.

Here are some to practice:

- Brushing their Teeth
- Brushing their hair
- Cleaning their face
- Getting dressed independently
- (Practice getting changed into PE clothing)
- Having a bath
- Washing hands



Expressive arts and design

Music:

To make your own music using house hold items such as; pots, pans, colanders, wooden spoons and cheese graters.

Can you tap out a simple rhythm and change the pitch by tapping hard and soft?

Maybe you could have your own family pots and pans band?

<https://www.youtube.com/watch?v=nBsuN8TSwgc>

Singing

Whilst at home sing lots of songs; Disney, nursery rhymes and out of the ark

<https://www.youtube.com/user/outoftheark>

Expressive arts and design

Get creative:

Use different materials from around your house to create a mixed media picture.

Materials you could use:

News paper/magazines

Food colouring to paint with

Wool, string and thread

Old t-shirts

Pencils

Paper

(think outside the box)

Here's a picture of this household items you could paint with.



Can you make a flower using recycling?





Being imaginative

To play games with brothers, sisters, cousins, mums, dads and other family members involving imaginative role play.

Who will you be today? A Policeman, a king/queen, a Disney character, an animal...

Put on a show for your family:

This could involve; singing, magician show, acting, gymnastics...

Maybe you can act out your favourite story book

Room on the broom

<https://www.youtube.com/watch?v=cWB0goTWZic>

The gingerbread man

<https://www.youtube.com/watch?v=YoQyyB5xvLk>

We are going on a bear hunt

<https://www.youtube.com/watch?v=Waoa3iG3bZ4>

Aliens Love underpants


<https://www.youtube.com/watch?v=HmYqb4mJO7Y>

My adventure Island



<https://www.youtube.com/watch?v=9OppC43mt-0>





Understanding the world




To join in with house hold routines such as; cooking, tidying up and exploring different foods.



To look after a plant and find out what a plant needs to grow.



To go outside in the garden and see what minibeasts you can find. Talk about nature with your child and explore these stories on YouTube:



https://www.youtube.com/watch?v=I_A_e6h-DhU



<https://www.youtube.com/watch?v=vlhucZKcALk>



<https://www.youtube.com/watch?v=WhDJDlviAOg>



Can you name 4 seasons?



Can you put them in order?



What happens in each season?



Can you draw/make a picture representing each season?

