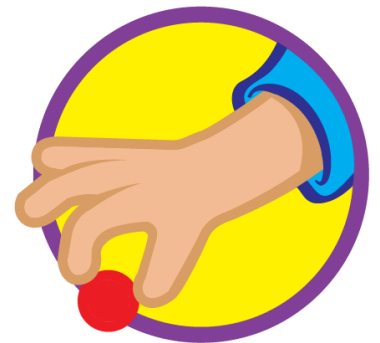


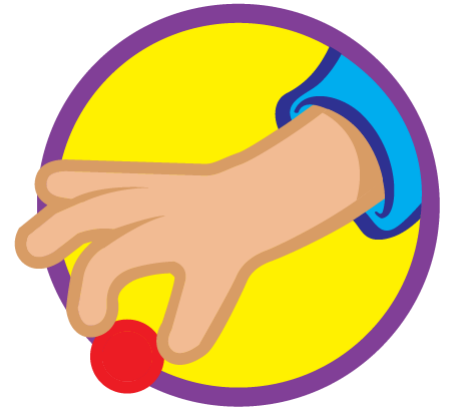


Spaghetti Skills!

Fine motor skills activities using a packet of spaghetti and other things you already have at home



Monday!



You need:

- A banana
- Cheerios/hula hoops
- Dry Spaghetti

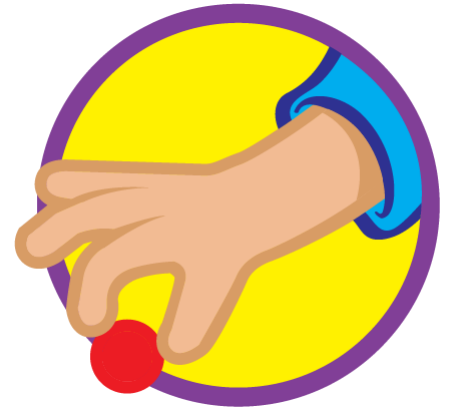
Method:

- Stick the dry Spaghetti into the banana pointing up.

- Option 1: Can you patiently thread the cheerios onto the spaghetti one at a time, until you have none left?
- Option 2: How many cheerios can you get onto the spaghetti (one at a time!) in 30 seconds?

Follow up - Eat the cheerios and the banana as a healthy snack!

Tuesday!

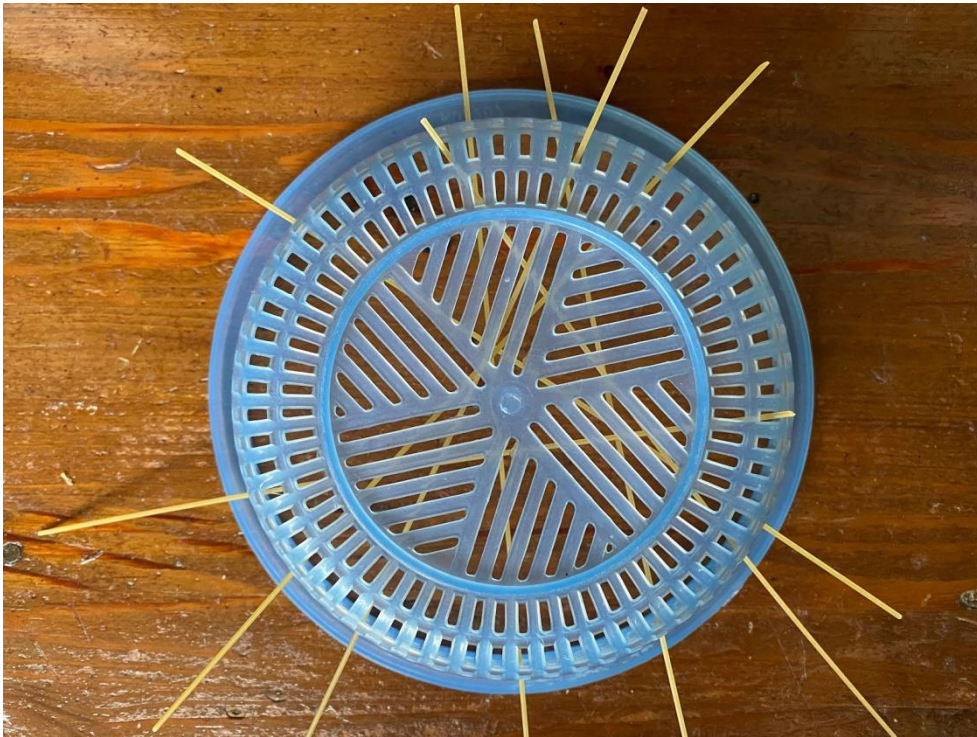


You need:

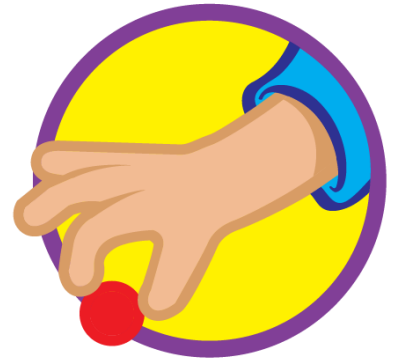
- Dry Spaghetti
- A colander, sieve or salad spinner

Method:

- Can you thread the spaghetti strands through the holes so that they come out the other side?
- Can you do it quickly?
- Can you make a pattern?
- Be gentle! Don't break any!



Wednesday!



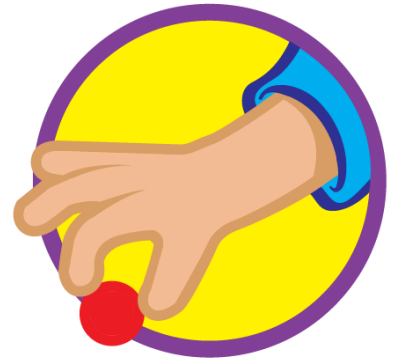
You need:

- Cooked, cold spaghetti.
- Paper and a pen

Method: Write your name on the paper or ask someone to help. Can you use the spaghetti to follow the letters round and write your name in spaghetti?



Thursday!



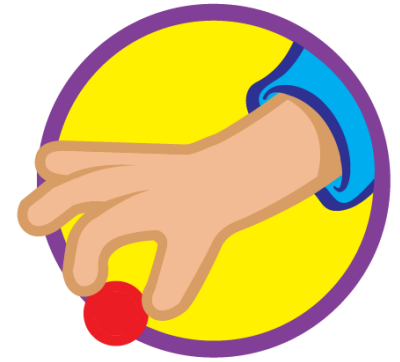
You need:

- Cooked, cold spaghetti.
- Tweezers, tongs or chopsticks for very adept fingers!

Method: Can you pick up strands of spaghetti one at a time and put them in the bowl? How many can you pick up in one minute? Have a competition to beat Mum or Dad.



Friday!



You need:

- Cooked Spaghetti
- scissors

Method:

Can you use the scissors to cut all the spaghetti into tiny little pieces?

How small can you get the pieces?

Which hand is easiest for you?

Is it the same hand you write with?

