

PSHE activity

This terms value is kindness.

This situation has taught us a lot about being kind and we have seen many people helping others in times of need.

What is kindness?

- a kind act.
- the quality of being friendly, generous, and considerate.

We do lots at school to be kind everyday. Here are just some of the things we do:

We help our friends.

We open doors for each other.

We smile at each other.

We say nice things about people.

We say hello, goodbye, thankyou and please.

We make people laugh to cheer them up.

We take turns and share.

We talk nicely to each other.

Activity Tasks:

- 1) Could you think of other ways you could be kind and make a poster/list to show that? OR fill in the missing letters of the kind words on the next page.
- 2) Colour in my poster page with the brightest colours you can find? Then give it to someone that you think is kind.
- 3) People in the community- Thinking of others who can help us can you complete the activity sheet?

Can you fill in the missing letters to make the words which help us be kind?

____elp

____hare

Take ____urns

Use ____ind words

____ood manners

