



# Frozen Jelly Edible

## Sensory Recipe

### You will need:

Powdered jelly mixes

Water

Edible glitter (optional)

Plastic cutlery

Sticks

Spray bottles with water

### Method

1. Make the jelly up as per the instructions on the packet.
2. Optional - sprinkle in generous amounts of edible glitter and stir it through well.
3. Leave to set overnight.
4. When it has set, remove it from the bowl and tip it into a large plastic bag, mixing it with wooden spoons to make a mess.
5. The bag then goes in the freezer overnight.
6. The following day, take the mixture out of the bag and place in a large bowl for the children to explore.
7. Provide tools such as plastic cutlery and sticks to break the frozen jelly up.
8. To speed up the thawing process, spray the frozen jelly with water.
9. The mixture can then be played with once it has defrosted, for a different sensory experience.

\*This recipe is intended to be used as soon as it has been made and not to be stored for future use.

